

*No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness.*

—Romans 6:13

Week after week, we make the offering of “ourselves, our souls, our bodies” to God out of the gratefulness of our hearts. This offering that we make at the Eucharist is met by the offering God makes in Christ and there is union, even communion, with the divine. We, as well as the bread of the Eucharist, become the Body of Christ.

What we then carry into a despairing world is hope, rooted in our baptisms and nurtured in that union with Christ in the Eucharist. We offer ourselves to God as instruments of healing to a hurting world.

How God might use us is God's decision. The decision to make ourselves available is always ours.

—Duncan Gray III