

*In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed.*

—Mark 1:35

We all need time to be alone with God. For so much of the day we're so busy that God can't get a word in edgewise. The time you spend in quiet prayer multiplies the value of all your other time. It puts things in perspective—helps you see the bigger picture of your life. You distinguish between the important and the merely urgent.

The most enthusiastic people person in the world still needs some quiet time with God. Nobody will give it to you, so you have to claim it for yourself.

—Barbara Cawthorne Crafton