

## THURSDAY, APRIL 3

---

Bear one another's burdens,  
and in this way you will fulfill the law of Christ.

—Galatians 6:2



During the 2013 Episcopal Relief & Development pilgrimage to Ghana, I was particularly blessed to visit one of the small farms in the northern part of the country. We walked a good distance through the beautiful millet until we saw vibrant colors among the stalks. They were the clothes of workers, bending over and hoeing. Men and women together, about twenty in all, formed a straight line and were methodically tending to the entire field. A few minutes later, with a great cheer, they were finished.

We learned that the tenders to the field were all neighbors to the actual land-owning farmer, who was but one of the persons hoeing. The rest of the people were his neighbors, all pitching in on the day his field needed hoeing. The next day, the same group would take on another field, and then another, until the community work was done.

What I saw were neighbors helping neighbors, without regard for individual competitive victory. I believe they were fulfilling the instruction of Galatians to, “Bear one another’s burdens, and in this way you will fulfill the law of Christ.” Wow. When we love our neighbors as ourselves, the whole world seems filled with vibrancy and cheer.

—Sam Candler